

Menu # 2	Monday				Tuesday				Wednesday				Thursday				Friday				
	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs.	
Am Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Fruit Punch Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Clear Raspberry Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Clear Orange Citrus Juice <i>Sub: Milk</i>	4oz	6oz	8oz	White Cranberry Peach Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Clear Strawberry Juice <i>Sub: Milk</i>	4oz	6oz	8oz
		Chocolate Chip Muffin	1/2	1/2	1	Ritz Crackers	4	4	7	Cheez-its	1/4c	1/4c	1/2c	Goldfish Crackers	1/4c 4	1/4c 4	1/2c 7	Club Crackers	4	4	7
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Toasted Oats Cereal	1/2 c	1/2 c	1c	WG Toast w/Butter	1/2	1/2	1	Tuky Cheese Egg Burrito (CN)	1	1	1	Crispy Rice Cereal	1/2c	1/2c	1c	French Toast Sticks (CN)	2	2	3
		Banana	1/2	1	1	Banana	1/2	1	1	Orange Slices	3	6	6	Apple Slices	2	4	4	Apple Slices	2	4	4
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey & Cheese Sandwich	1/2	1/2	1	Mini Turkey Corn Dogs (CN)	4	5	6	PBJ Uncrustables (CN)	1	1	1	Chicken Nuggets (CN)	3	4	5	Fish Nuggets (CN)	3	3	4
		WG Bread	1	1	2	Breading				WG Breading				WG Breading				WG Breading			
		Green Beans	1/4c	1/4c	1/2c	Mixed Vegetables	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2c	Salad W/Ranch	1/4c	1/4c	1/2c	Salad W/Ranch	1/4c	1/4c	1/2c
		Applesauce	1/4c	1/4c	1/4c	Peaches	1/4c	1/4c	1/4c	Pineapple	1/4c	1/4c	1/2c	Applesauce	1/4c	1/4c	1/4c	Pears	1/4c	1/4c	1/4c
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	1	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz
PM Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Pretzels	1/4c	1/4c	1/2c	Toasted Crackers	4	4	7	Graham Crackers	2	2	3	Animal Crackers	4	4	7	Saltine Crackers	4	4	7
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz

Menu Prepared by: Amy Payne

**Key**  
Allergy Substitutions are in *Italics*  
(CN)-Child Nutrition Labels