

Menu for Week of: April 5, 2021

Menu # 4	Monday				Tuesday				Wednesday				Thursday				Friday				
		1-2 yr	3-5 yr	6+ yrs.		1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs.	
Am Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	Apple & Grape Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Fruit Punch Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Clear Strawberry Juice <i>Sub: Milk</i>	4oz	6oz	8oz	Chef's Choice Juice <i>Sub: Milk</i>	4oz	6oz	8oz	NO SCHOOL			
		Banana Muffin <i>Sub: Blueberry Muffin</i>	1/2 ea	1/2 ea	1 ea	Cheeze Its Crackers	1/4c	1/4c	1/2c	String Cheese <i>Sub: Club Cracker</i>	1/2 ea 4 ea	1/2 ea 4 ea	1 ea 7 ea	Goldfish Crackers	1/4c	1/4c	1/2c				
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Toasted Oats Cereal	1/2c	1/2c	1c	Biscuit W/Jelly	1/2 ea	1/2 ea	1 ea	WG French Toast Sticks (CN)	2 ea	2 ea	3 ea	Life Cereal	1/2c	1/2c	1c				
		Bananas	1/2 ea	1 ea	1 ea	Apple Slices <i>Sub: Banana</i>	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea	Oranges <i>Sub: Apple slices</i>	3 ea 2 ea	6 ea 4 ea	6 ea 4 ea	Apple Slices <i>Sub: Banana</i>	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea				
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz				
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	CN Beef & Bean Burrito	1/2 ea	1/2 ea	1/2 ea	Chicken Drumsticks (CN)	3 ea	3 ea	4 ea	Ham & Cheese Sandwich	2s 1s	3s 1s	3s 1s	Chef's Salad W/ Hard Boiled Egg, Diced Ham & Shredded Cheese	1/2 ea 1 oz	1/2 ea 1 oz	1/2 ea 1 oz	NO SCHOOL			
		WG Tortillia	1/2 ea	1/2 ea	1 ea	WG Breading				WG Bread	1s	1s	2s	WG Dinner Roll	1/2 ea	1/2 ea	1 ea				
		Corn	1/4c	1/4c	1/2c	Raw Carrots <i>Sub: Salad</i>	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2c	Salad	1/4c	1/2c	1c				
		Pineapple	1/4c	1/4c	1/4c	Peaches	1/4c	1/4c	1/4c	Fruit Cocktail	1/4c	1/4c	1/4c	Mandarin Oranges <i>Sub: Apple Slices</i>	1/4c	1/4c	1/4c				
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz				
PM Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	Animal Crackers	1/4c	1/4c	1/2c	Pretzels	1/3 c	1/3 c	2/3 c	Graham Crackers each square	2 ea	2 ea	3 ea	Saltine Crackers	4 ea	4 ea	7 ea				
		1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4oz	6oz	8oz	1% Milk <i>Sub: Almond Milk</i>	4 oz	6 oz	8 oz				

Menu Prepared by: Amy Payne

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Key
Allergy Substitutions are in *Italics*
(CN)-Child Nutrition Labels