

Menu for Week of: June 28, 2021

Menu # 1		Monday			Tuesday			Wednesday			Thursday			Friday							
		1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs.	
Am Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	White Cranberry Peach Juice Sub: 1% Milk	4oz	6oz	8oz	Strawberry Kiwi Juice Sub: 1% Milk	4oz	6oz	8 oz	White Grape Juice Sub: 1% Milk	4oz	6oz	8oz	Chef's Choice of Juice Sub: 1% Milk	4oz	6oz	8oz	Very Berry Juice Sub: 1% Milk	4oz	6oz	8oz
		Cheeze Its	1/4c	1/4c	1/2c	WG Apple Cinnamon Muffin	1/2 ea	1/2 ea	1 ea	Pretzels	1/3c	1/3c	2/3c	Club Crackers	4 ea	4ea	7 ea	String Cheese	1/2 ea	1/2 ea	1 ea
		Sub: Ritz Crackers	4 ea	4 ea	7 ea													Sub: Club Crackers	4 ea	4 ea	7 ea
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD	Rice Crisp Cereal	1/2c	1/2c	1c	Life Cereal	1/2 c	1/2 c	1c	Corn Flakes Cereal	1/2 c	1/2 c	1c	Toast W/Jelly	1/2 s	1/2 s	1 s	WG French Toast Sticks	2 ea	2 ea	3 ea
		Banana	1/2 ea	1 ea	1 ea	Apple Slices Sub: Banana	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea	Banana	1/2 ea	1 ea	1 ea	Oranges Sub: Apple Slices	3 ea 2 ea	6 ea 4 ea	6 ea 4 ea	Apple Slices Sub: Banana	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea
		1% Milk Sub:Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Hot Dog (CN)	1/2 ea	1 ea	1 ea	PB&J (CN) Uncrustables String Cheese Sub: Turkey Sand. WG Bread	1 ea 1/2 ea	1 ea 1/2 ea	1 ea	Chef's Choice	3	3	4	BBQ Beef/Chicken Meatballs (CN)	3 ea	4 ea	5 ea	(CN) Beef & Bean Burrito	1/2 ea	1/2 ea	1 ea
		WG Bun	1/2 ea	1 ea	1 ea	Raw Carrots	1/4c	1/4c	1/2c	Green Beans	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2c	Salad	1/4c	1/2c	1c
		Mixed Vegetables	1/4c	1/4c	1/2c	Applesauce Sub: Banana	1/4c	1/4c	1/4c	Tropical Fruit	1/4c	1/4c	1/4c	Pineapple	1/4c	1/4c	1/4c	Mandarin Oranges	1/4c	1/4c	1/4c
		Fruit Cocktail Sub: Banana	1/4c	1/4c	1/4c	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz
PM Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE	Saltine Crackers	4 ea	4 ea	7 ea	Goldfish Crackers	1/4c	1/4c	1/2c	Animal Crackers	1/4c	1/4c	1/2c	Ritz Crackers	4 ea	4 ea	7 ea	Graham Crackers each square	2 ea	2 ea	3 ea
		1% Milk Sub:Almond Milk	4oz	6oz	8oz	Sub: Saltine Crackers	4 ea	4ea	7 ea	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz

Menu Prepared by: Amy Payne

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Key
Allergy Substitutions are in *Italics*
(CN)-Child Nutrition Labels