

Menu # 2	Monday				Tuesday				Wednesday				Thursday				Friday				
	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs	Food Item	1-2 yr	3-5 yr	6+ yrs.	
Am Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Fruit Punch Juice Sub: 1% Milk	4oz	6oz	8oz	Strawberry Juice Sub: 1% Milk	4oz	6oz	8oz	Orange Pineapple Juice Sub: 1% Milk	4oz	6oz	8oz	Clear Raspberry Juice Sub: 1% Milk	4oz	6oz	8oz	Chef's Choice Juice Sub: 1% Milk	4oz	6oz	8oz
		Banana Muffin	1/2 ea	1/2 ea	1 ea	Club Crackers	4 ea	4 ea	7 ea	String Cheese	1/2 ea	1/2 ea	1 ea	Pretzels	1/3c	1/3c	2/3c	Goldfish Crackers	1/4c	1/4c	1/2c
		Sub: Saltine Crakers	4 ea	4 ea	7 ea					Sub: Club Crackers	4 ea	4 ea	7 ea					Sub: Saltine Crackers	4 ea	4 ea	7 ea
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	WG Toast W/Cinnamon SA (PB Prek)	1/2 s	1/2 s	1 s	Rice Crisp Cereal	1/2 c	1/2 c	1c	Biscuit & Jelly	1/2 ea	1/2 ea		Corn Flakes Cereal	1/2c	1/2c	1c	Life Cereal	1/2 c	1/2 c	
		Bananas	1/2 ea	1 ea	1 ea	Apple Slices Sub: Banana	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea	Orange Slices Sub: Apple Slices	3 ea 2 ea	6 ea 4 ea	6 ea 4 ea	Bananas	1/2 ea	1 ea	1 ea	Apple Slices Sub: Banana	2 ea 1/2 ea	4 ea 1 ea	4 ea 1 ea
		1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Asian Chicken (CN)	2 ea	3 ea	4 ea	(CN) PBJ Uncrustables WG String Cheese	1 ea 1/2 ea	1 ea 1/2 ea	1 ea	Pulled Pork Sandwich	1 oz	1 1/2 oz	2oz	Chicken Drummys	3 ea	3 ea	4 ea	Fish Stars (CN)	3 ea	3 ea	4 ea
		WG Rice	1/4 c	1/4 c	1/2 c	WG Breading	1 ea	1 ea	1 ea	WG Dinner Roll or Bun	1/2 ea	1/2 ea	1 ea	WG Breading				WG Breading			
		Mixed Vegetables	1/4c	1/4 c	1/2c	Raw Carrots	1/4c	1/4c	1/2c	Green Beans	1/4c	1/4c	1/2c	Cucumbers	1/4c	1/4c	1/2c	Salad W/ Ranch	1/4c	1/4c	1/2c
		Mixed Fruit	1/4c	1/4c	1/4c	Applesauce Sub: Banana	1/4c	1/4c	1/4c	Pears	1/4c	1/4c	1/4c	Peaches	1/4c	1/4c	1/4c	Pineapple Sub: Applesauce	1/4c	1/4c	1/4c
	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	
PM Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Graham Crackers	2 ea	2 ea	3 ea	Ritz Crackers	4 ea	4 ea	7 ea	Saltine Crackers	4 ea	4 ea	7 ea	Animal Crackers	1/4c	1/4c	1/2c	Cheez-It Crackers Sub:Club Crackers	1/4 c 4 ea	1/4 c 4 ea	1/2 c 7 ea
		1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz

Menu Prepared by: Amy Payne

Key  
Allergy Substitutions are in *Italics*  
(CN)-Child Nutrition Labels