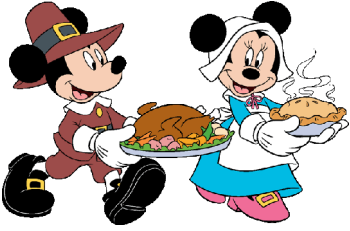


| Menu # 4 | | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | | | |
|-----------|---|--|--------|--------|------------------|--|--------|-----------|----------|--------------------------------------|----------|--------|--------|--------------------|---|--------|-------|--|
| | | Food Item | 1-2 yr | 3-5 yr | 6+ yr | Food Item | 1-2 yr | 3-5 yr | 6+ yr | Food Item | 1-2 yr | 3-5 yr | 6+ yr | Food Item | 1-2 yr | 3-5 yr | 6+ yr | |
| Am Snack | Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE | Apple & Strawberry Kiwi Juice Sub:Milk | 4oz | 6oz | 8oz | Grape Juice Sub: Milk | 4oz | 6oz | 8oz | Chefs Choice of juice Juice Sub:Milk | 4oz | 6oz | 8oz | School Closed | School Closed | | | |
| | Club Crackers | 4 ea | 4 ea | 7 ea | Saltine Crackers | 4 ea | 4 ea | 7 ea | Pretzels | 1/3 c | 1/3 c | 2/3 c | | | | | | |
| Breakfast | MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/BREAD | Rice Crispy Cereal | 1/2c | 1/2c | 1c | WG Toast W/Jelly | 1/2 s | 1/2 s | 1 s | Corn Flakes Cereal | 1/2c | 1/2c | 1c | Happy Thanksgiving |  | | | |
| | | Bananas | 1/2 ea | 1/2 ea | 1 ea | Oranges | 3 ea | 6 ea | 6 ea | Apple Slices | 2 ea | 4 ea | 4 ea | | | | | |
| | | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | | | | | |
| Lunch | MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER | Hot Dog | 1/2 ea | 1 ea | 1 ea | WG Peanut Butter & Jelly (CN) Sub:TurkeyCheese | 1/2 ea | 1/2 ea | 1 ea | Turkey Meat | 1.0 oz | 1.5 oz | 2.0 oz | | | | | |
| | | WG Hot dog Bun | 1/2 ea | 1 ea | 1 ea | WG Breading | | | | WG Rolls | 1/2 ea | 1/2 ea | 1 ea | | | | | |
| | | Raw Carrots | 1/4c | 1/4c | 1/2c | Salad W/Ranch | 1/4c | 1/4c | 1/2c | Corn | 1/4c | 1/4c | 1/2c | | | | | |
| | | Pears | 1/4c | 1/4c | 1/4c | Peaches | 1/4c | 1/4c | 1/4c | Pineapple | 1/4c | 1/4c | 1/4c | | | | | |
| PM Snack | Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/BREAD JUICE/FRUIT VEGETABLE | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond Milk | 4oz | 6oz | 8oz | School Closed | School Closed | | | |
| | | Goldfish Crackers | 1/4c | 1/4c | 1/2 | Ritz Crackers | 1/4c | 1/4c | 1/2c | Chef's Choice of Snack | | | | | | | | |

Menu Prepared By: Jennifer Varney

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Key
Allergy Substitutions are in *Italics*
(CN)-Child Nutrition Labels