

March 6th, 2023

Menu # 8		Monday			Tuesday			Wednesday			Thursday			Friday			
		Food Item	1-2 yrs	3-5 yr	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yr	6+ yrs.
Am Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate milk	4oz	6oz	8oz	Water	4oz	6oz	8oz
		Chefs Choice	1/4 c	1/4 c	1/4 c	Graham Crackers	1 1/2p	1 1/2p	2p	Doughnuts	2ea	2ea	4ea	Pretzels	1/4c	1/4c	1/4c
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Marshmallow Mateys/Sub Asorted Cereal	1ea	1ea	1ea	WG Toast & Peanut Butter Sub: Jelly	1/2 oz 2TBS	1oz 2TB S	1oz 2TB S	Asorted Yogurt	1ea	1ea	1ea	WG biscuit and jelly	1/2p	1/2p	1p
		apples	2ea	4ea	4ea	Banana	1/2p	1p	1p	Hashbrowns	1ea	1ea	1ea	Oranges	3p	6p	6p
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Ham Stir Fry Sub: Diced Turkey				Chicken Corn Dogs				Pepperoni English muffin Pizza	1ea	1ea	1ea	Mac&Cheese			
		WG Rice Stir Fried Veggtables	1/4c	1/4c	1/2c	WG breading				WG English Muffins	1/2 ea	1/2 ea	1ea	WG pasta mixed Vegetable	1/4c	1/4c	1/2c
		Pineapple	1/4c	1/4c	1/4c	Grapes	1/4c	1/4c	1/4c	pears	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	1/4c
		Cheez It Crackers	1/4c	1/4c	1/2c	Apples	1/4c	1/4c	1/2c	Goldfish	1/4c	1/4c	1/4c	Club Crackers	4p	4p	6p
			1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub Almond milk	4oz	6oz	8oz	1% Milk Sub Almond milk	4oz	6oz
PM Snack	Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE																

Menu Prepared by: Danielle Williams

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Allergy Substitutions are in *italics*
 (CN)-Child Nutrition Labels
 (HM)-Homemade
 (WG)-Whole Grain