

September 11, 2023

Menu	Monday				Tuesday				Wednesday				Thursday				Friday			
	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.
Choose2 MILK/ FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate milk	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	fish pretzels	1pk	1pk	1pk	Captin Crunch	1/4c	1/4c	1/4c	Doughnuts	2ea	2ea	3ea	Coco Puff Cereal	1/4 c	1/4 c	1/4 c	Graham Crackers	1 1/2 p	1 1/2 p	2p
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Apple Cinnamon Muffin	1/2p	1ea	1ea	Banana muffin	1/2e	1ea	1ea	Toasty O Cereal	1/2c	1/2c	1c	Blueberry Muffin	1/2 ea	1ea	1ea	Chocolate Chip Muffin	1/2 ea	1e	1ea
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Oranges	3ea	6ea	6ea	Apple 1% Milk	2ea	4ea	4ea	Strawberries 1% Milk	1/4c	1/2e	1/2c	Blueberries 1% Milk	1/4 c	1/2 c	1/2 c	Apples 1% Milk	2	4	4
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Chicken Sandwich	1/2e	1/2 ea	1ea	Beef Tacos	1ea	1ea	2ea	Mini Corn Dogs	4ea	4ea	6ea	KPS Pizza Lunchables Mozerella Cheese Pepperoni slices	.5oz .5oz 1oz	.5oz .5oz 1oz	Hotdogs	1/2 ea	1e	1ea	
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	WG Bread				Beef cheese	1/8c 1oz	1/8c 1/2oz	1/4c 1/4c	WG Breading				WG Pita Bread	1/4 p	1/4 p	1/2 p	WG Bun	1/4 c	1/4 c	1/4 c
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Pickles	2ea	2ea	4ea	Corn	1/4c	1/4c	1/2	Peas	1/4c	1/4c	1/2c	Pizza Sauce	1/4 c	1/4 c	1/4 c	Cucumbers	1/4 c	1/4 c	1/4 c
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Applesauce 1% Milk	1/4c	1/4 c	1/4 c	Fruit cocktail 1% Milk	1/4c	1/4c	1/4c	Pineapple 1% Milk	1/4c	1/4c	1/4c	Watermelon 1% Milk	2ea	2ea	4ea	Peaches 1% Milk	1/4 c	1/4 c	1/4 c
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BRE AD OTHER	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Sub: Almond, Oat or Lactaid	4oz	6oz	8oz
Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Graham Crackers	1 1/2p	1 1/2 p	2p	Ritz Crackers	4ea	4ea	7ea	Animal Crackers	1/4c	1/4c	1/4c	Club Crackers	4ea	4ea	7ea	Pud Mix	1/4 c	1/4 c	1/4 c
Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	1% Milk Sub: Almond	4oz	6oz	8oz	1% Milk Sub: Almond	4oz	6oz	8oz	1% Milk Sub: Almond	4oz	6oz	8oz	1% Milk Sub: Almond	4oz	6oz	8oz

Menu Prepared by: Danielle Williams  
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(HM) - Homemade  
 (WG) - Whole Grain