

Menu for August 21, 2023

Menu 2

Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.	Food Item	1-2 yrs	3-5 yrs	6+ yrs.
Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
Strawberry poptart	1e a	1e a	1ea	Cinnamon Toast Crunch	1/4 c	1/4 c	1/4 c	Doughnuts	2ea 2ea	3e a	3e a	Graham Crackers	1 ea	1 ea	2ea	Chefs Choice	1ea	1ea	1ea
Honey Smacks Cereal	1/2 c	1/2 c	1c	Cheesy Cheddar Drop Biscuit	1e a	1e a	1e a	Rice Crispy Cereal	1/2c 2ea	1/2c 2ea	1c	peachy oatmeal	1/2 c	1c	1c	Chefs Choice	1/2c	1/2c	1c
Apples	2e a	4e a	4ea	oranges	3e a	6e a	6e a	Strawberries	1/4 c	1/2 c	1/2 c	Peaches	1/4 c	1/2 c	1/2 c	Apples	2ea	4ea	4ea
Sub: Almond, Oat or Lactaid Milk				Sub: Almond, Oat or Lactaid Milk				Sub: Almond, Oat or Lactaid Milk				Sub: Almond, Oat or Lactaid Milk				Sub: Almond, Oat or Lactaid Milk			
Turkey & cheese Sub Sandwiches	2p 1p	3p 1p	3p 2p	Diced Garlic Chicken	1oz oz	1.5 oz	2oz	Pasta With Meat Sauce	1oz oz	1 oz	2oz	Chicken pattys	1/2 ea	1/2 ea	1ea	Beef hotdogs	1ea	1ea	1ea
WG Bread	2sl	2sl	2sl	WG Roll	1/2 p	1/2 p	1p	WG Pasta	1/2 p	1/2 p	1p	Wg breading				WG Bun	1	1	1
Carrots				Mashed potatoes	1/4c c	1/4c c	1/2c	Salad with Dressing	1/4c c	1/4c c	1/2c	Assorted Vegetable	1/4 c	1/4 c	1/2 c	Potato Smiles	1/4c	1/4 c	1/2 c
Sub: Cucumbers	1/4c	1/4c	1/2c	Green Beans	1/4 c	1/4 c	1/2	Tropical Fruit	1/4c c	1/4c c	1/4c	Watermelon	1p	1p	1p	Diced Pears	1/4c	1/4c	1/4c
Grapes	1/4c	1/4c	1/4c	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
Pretzels	1/3 c	1/3 c	1/3c	Cinnamon Ritz Crackers	4e a	4e a	7e a	cinnamon Animal Cracker	1/4c c	1/4c c	1/2 c	Goldfish	1/4 c	1/4 c	1/4c	Chefs Choice	1/4c	1/4c	1/4 c
1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz

PM Snack

Lunch

1

Menu Prepared by: Danielle Williams
"The USDA is an equal opportunity provider and employer"

This week we are trying **Brookland Island Dressing**

For Allergy Alerts, please see the Index (CN) Child Nutrition Labels

