

Menu for February 5, 2024

Menu # 1	Monday				Tuesday				Wednesday				Thursday				Friday				
	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	
AM Snack	Chopped MILK/FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate Milk	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
	Chopped MILK/FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Chef's Choice	1/4c	1/4c	1/4c	Fruit Loops	1/4c	1/4c	1/4c	Doughnuts	2ea	2ea	3ea	Nilla Wafers	1/4c	1/4c	1/4c	Assorted Cereal	1/4c	1/4c	1/4c
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE, GRAIN, BREAD	Assorted Bread & Cream Cheese	1ea	1ea	1ea	Assorted Bread & Jelly (W/G)	1ea	1ea	1ea	Peach Yogurt	1ea	1ea	1ea	Rice Crispy Cereal	1/2c	1/2c	1c	Honey O's	1/2c	1/2c	1c
	MILK, FLUID JUICE, FRUIT, VEGETABLE, GRAIN, BREAD	Apples	2p	4p	4p	Blueberries	1/4c	1/2c	1/2c	Apple Slices	2ea	4ea	4ea	Strawberries	1/4c	1/2c	1/2c	Oranges	3p	6p	6
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREA D OTHER	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
	MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREA D OTHER	Spaghetti & Meat Sauce	1oz	1.5oz	2oz	Cheesy Baked Potato	1/2p	1/2p	1w	Goulash	1/4c	1/2c	3/4c	Diced Chicken	1oz	1.5oz	2oz	Chicken Wraps	1ea	1ea	1ea
PM Snack	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Posta WG Garlic Bread	1/2c	1/2c	1c	Shredded Cheese Sub: Sausage link	1oz	1oz	2oz	Pasta(WG)	1/4c	1/4c	1/2c	WG Roll	1p	1p	1p	Gilled Chicken American Cheese	.5oz	1oz	1.
	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Corn	1/4c	1/4c	1/2c	Baked Potato	1/2p	1/2p	1w	California Blend	1/4c	1/4c	1/2c	Green Beans	1/4c	1/4c	1/2c	Lettuce	1/4c	1/4c	1/
PM Snack	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Mixed Fruit	1/4c	1/4c	1/4c	Fruit Cocktail	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	1/4c	Pineapple	1/4c	1/4c	1/4c	Apples	2p	2p	2t
	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
PM Snack	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Cheezits	1Pkg	1Pkg	1Pkg	Assorted Fruit	1/2c	1/2c	1/2c	Goldfish	1/4c	1/4c	1/2c	Animal Crackers	1Pkg	1Pkg	1Pkg	Assorted Fruit	1/2c	1/2c	1/
	Chopped MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	1% Milk Sub: Almond Milk	4oz	6oz	8oz	Water	4oz	6oz	8oz

Menu Prepared by: Danielle Williams  
 "The USDA is an equal opportunity provider and employer"

See for more in detail  
 Allerg: Substit: (C)H: Child Number: Labels (M)P: Homemade (W)G: Whole Grain