Menu for the week of: June 17 2024

	Menu # 3	Monday				Tuesday				Wednesday				Thursday				Friday			
		Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.
AM Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate Milk	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
		Cheez its	1/4c	1/4c	1/4c	Goldfish	1/4c	1/4c	1/2c	Doughnuts	2ea	2ea	3ea	Captain Crunch	1/4c	1/4c	1/4c	Poptarts	1ea	1ea	2ea
Breakfast	MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Cinnamon Toast(WG)	1/2oz (.5oz)	1/2oz (.5oz)	1oz (1oz)	(WG) Biscuit & Jelly (CN)	1/2p (.5oz)	1/2p (.5oz)	1w (1oz)	(WG) Pancakes(CN)	2ea (.5oz)	2ea (.5oz)	3ea (1oz)	Cheerios (WG)(CN)	1ea 1/2oz	1ea 1/2oz	1ea 1oz	Bagels & Cream Cheese (WG)(CN)	1/2p (.5oz)	1/2p (.5oz)	1w (1oz)
		Apples	2p	4p	4p	Oranges	3ea	6ea	6ea	Blueberries	1/4c	1/2c	1/2c	Apples	2ea	4ea	4ea	Oranges	3ea	6ea	6ea
		1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz				
Lunch	MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Turkey Sandwhich Sliced Turkey Sliced American cheese	1ea	1ea	1ea	KPS Lunchable Cheese Cubes	3oz 12p	3oz 12p	4oz	Hot Dogs	1ea	1ea	1ea	Ham Fried Rice (HM)	1c	1 1/4c	1 3/4c	Cheese Pizza (CN) (WG)	1ea	1ea	1ea
		Hamburger Bun	1w	1w	1w	Club Crackers	4ea	4ea	6ea	Hot Dog Bun	1ea	1ea	1ea	WG Rice				WG Crust			
		Bell Peppers	1/4c	1/4c	1/2c	Cucumbers	1/4c	1/4c	1/2c	Green Beans	1/4c	1/4c	1/2c	California Blend	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2c
		Pineapple	1/4c	1/4c	1/4c	Watermelon	1/4c	1/4c	1/4c	Peaches	1/4c	1/4c	1/2c	Strawberries	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	1/4c
		1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz				
PM Snack	Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	String Cheese	1/2p	1/2p	1w	Ritz Crackers	4ea	4ea	6ea	Club Crackers	4ea	4ea	6ea	Pretzels	1/3c	1/3c	2/3c	Graham Crackers	1.5ea	1.5ea	2ea
		1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk *Sub: Almond, Oat or Lactaid Milk*	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz

Menu Prepared by: Danielle Williams

"The USDA is an equal opportunity provider and employer"

Key
Allergy Substitutions are In *Italics*
(CN)-Child Nutrition Labels
(HM) CACFP Approved Homemade Recipes