

| | Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | |
|-----------|--|--|------------|------------|------------|---|----------|----------|-----------|---|----------|----------|----------|---|----------|----------|---------|--|--|--|
| | Menu # | Food Item | 1-2 yrs. | 3-5 yrs. | 6+ yrs. | Food Item | 1-2 yrs. | 3-5 yrs. | 6+ yrs. | Food Item | 1-2 yrs. | 3-5 yrs. | 6+ yrs. | Food Item | 1-2 yrs. | 3-5 yrs. | 6+ yrs. | | | |
| AM Snack | MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE | Water | 4oz | 6oz | 8oz | Water | 4oz | 6oz | 8oz | Chocolate Milk | 4oz | 6oz | 8oz | Water | 4oz | 6oz | 8oz | | | |
| | | Strawberry Pop Tarts | 1ea | 1ea | 2ea | Graham Crackers | 1ea | 1ea | 2ea | Doughnuts | 2ea | 2ea | 3ea | | | | | | | |
| | | (W/G)(CN) Blueberry Loaf | 1/2p | 1/2p | 1w | Peach Yogurt | 1ea | 1ea | 1ea | Life Cereal (W/G) | 1/2c | 1/2c | 1c | Closed | | | | | | |
| Breakfast | MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD | Apples | 2ea | 4ea | 4ea | Oranges | 3ea | 6ea | 6ea | Strawberries | 1/4c | 1/2c | 1/2c | 1% Milk Sub: Almond, Oat or | 4oz | 6oz | 8oz | | | |
| | | Chicken Drumstick(CN) | 4ea | 4ea | 4ea | Beef Taco Salad Shredded Cheddar Cheese | .5oz | .5oz | .5oz | Tuna Salad(HM) | 1/2c | 1/2c | 3/4c | Happy 4th Of July | 4oz | 6oz | 8oz | | | |
| | | WG Breeding | 3sl 1sl | 3sl 1sl | 3sl 2sl | WG Tortilla Chips Sub Tortilla(2yrs) | .5oz | .5oz | .5oz | Ritz Crackers | 4ea | 4ea | 6ea | Sausage Patty | 1ea | 2ea | 2ea | | | |
| | | Mashed Potatoes & Gravy | 1/4c | 1/4c | 1/2c | Lettuce & Salsa(HM) | 1/4c | 1/4c | 1/2c | Salad & Dressing | 1/4c | 1/4c | 1/2c | Hash Browns | 1/4c | 1/4c | 1/2c | | | |
| Lunch | MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER | Peaches | 1/4c | 1/4c | 1/4c | Pineapple | 1/4c | 1/4c | 1/4c | Tropical Fruit | 1/4c | 1/4c | 1/4c | Mango | 1/4c | 1/4c | 1/4c | | | |
| | | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | | | |
| PM Snack | Choose2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE | Ritz Crackers | 4ea | 4ea | 7ea | Club Crackers | 4ea | 4ea | 7ea | Cinnamon Animal Crackers | 1/4c | 1/4c | 1/2c | Closed | | | | | | |
| | | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | 1% Milk Sub: Almond, Oat or Lactaid Milk | 4oz | 6oz | 8oz | | | |
| | | | | | | | | | | | | | | Cheezits | 1/4c | 1/4c | 1/2c | | | |

Menu Prepared by: Danielle Williams
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Allergy Substitutions are in *italics*
 ICNLI Child Nutrition Labels
 IHM1 CACFP Homemade Recipe Approved