

Menu for the week of: July 8, 2024

Menu # 1	Monday			Tuesday			Wednesday			Thursday			Friday							
	Food Item	1-2	3-5	6+	Food Item	1-2	3-5	6+	Food Item	1-2	3-5	6+	Food Item	1-2	3-5	6+				
Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate milk	4oz	6oz	8oz	Water	4oz	6oz	8oz				
	Chef's Choice	1ea	1ea	2ea	Animal Crackers	1/4c	1/4c	1/4c	Doughnuts	2ea	2ea	3ea	PopTarts	1ea	1ea	2ea	Captin Crunch	1/4c	1/4c	1/4c
MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Corn Flakes	1/2c	1/2c	1c	Vanilla Yogurt (CN)	1ea	1ea	1ea	French Toast Bake(WG)(HM)	.5oz	.5oz	1oz	Mash Mattle's Cereal(WG) (CN)	1ea	1ea	1ea	Bagels & Cream Cheese (WG)(CN)	1/2ea	1/2ea	1ea
	Oranges	3ea	6ea	6ea	Apples	2ea	4ea	4ea	Blueberries	1/4c	1/2c	1/2c	Banana	1/2ea	1ea	1ea	Apple Slices	2ea	4ea	4ea
MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
	Grilled Chicken (CN)	1/2p	1w	1w	Pepperoni Pizza	1/2ea	1ea	1ea	Honey Lime Chicken (HM)	4oz	4oz	4oz	Chicken pot Pie	2/3c	2/3c	2/3c	Meat Balls With Marinara(HM)	2ea	2ea	4ea
MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	(WG) Garlic Toast	1/2p	1/2p	1w	WG Breading				WG Rice	1/4c	1/4c	1/2c	WG biscuit	1ea	1ea	1ea				
	Green Beans	1/4c	1/4c	1/2c	Broccoli	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2c	Mixed vegetables	1/4c	1/4c	1/2c	Marinara Sauce	1/4c	1/4c	1/2c
MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Mashed Potatoes	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	1/4c	Tropical Fruit	1/4c	1/4c	1/4c	Peaches	1/4c	1/4c	1/4c	Pears	1/4c	1/4c	1/4c
	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
Choose 2 MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Butter Biscuit	1/2p	1/2p	1w	Goldfish	1/4c	1/4c	1/2c	Ritz Cracker	4ea	4ea	7ea	Cheez-its	1/4c	1/4c	1/4c	Chef's Choice	1/4c	1/4c	1/4c
	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz

Menu Prepared by : Danielle Williams  
 "The USDA is an equal opportunity provider and employer"

Key  
 Allergen Substitutions are in Italics  
 CN=Child Nutrition Labels  
 HM=CACFP Approved Homemade Recipe