

Menu for August 12 2024

Menu # 1	Monday				Tuesday				Wednesday				Thursday				Friday			
	1-2 yrs.	3-5 yrs.	6+ yrs.		1-2 yrs.	3-5 yrs.	6+ yrs.		1-2 yrs.	3-5 yrs.	6+ yrs.		1-2 yrs.	3-5 yrs.	6+ yrs.		1-2 yrs.	3-5 yrs.	6+ yrs.	
AM Snack	Food Item	4oz	6oz	8oz	Food Item	4oz	6oz	8oz	Food Item	4oz	6oz	8oz	Food Item	4oz	6oz	8oz	Food Item	4oz	6oz	8oz
Choices ² MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate Milk	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
	PopTarts	1ea	1ea	2ea	Graham Crackers	1ea	1ea	2ea	Doughnuts	2ea	2ea	3ea	Fruit Loops	1/4c	1/4c	1/4c	Captin Crunch	c	c	c
	English Muffin & Cream Cheese	1/2p .5oz	1/2p .5oz	1ea 1oz	Sausage Links(CN)	2ea	2ea	3ea	Peach Yogurt (CN)	1ea	1ea	1ea	Blueberry Mini Loaf (WG)(CN)	1ea .5oz	1ea .5oz	1ea 1oz	Honey O's(WG)	1/2c c	1/2c c	1c 1oz
Breakfast	Food Item	2p	4p	4p	Food Item	1/4c	1/2c	1/2c	Hashbrowns	1/4c	1/2	1/2	Oranges	3ea	6ea	6ea	Apples	2p	4p	4p
Choices ² MILK, FLUID JUICE/FRUIT VEGETABLE GRAIN/ BREAD	Apples	2p	4p	4p	Mangos	1/4c	1/2c	1/2c	1% Milk Sub: Almond, Oat or Lactaid	1/4c	c	c	1% Milk Sub: Almond, Oat or Lactaid	3ea	6ea	6ea	1% Milk Sub: Almond, Oat or Lactaid	2p	4p	4p
	KPs Lunchable/ Cheese Cubes Sliced Pepperoni	7ea 4ea	7ea 6ea	10ea 6ea	Garlic Chicken (CN)	1/2c	1/2c	3/4c	Italian Diced Chicken	3oz	3oz	6oz	Mini Corn Dogs(CN)	4ea	4ea	6ea	Chicken Drumsticks (WG)(CN)	4ea	4ea	6ea
	Bread Stick (WG)	1/2p	1/2p	1/2	Roll (WG)(CN)	1.5oz 1ea	2oz 1ea	4oz 1ea	Butter Pasta (WG) Sub Plain	1/4c	1/4c	1/2	WG Breading							
Lunch	Food Item	1/4c	1/4c	c	Food Item	1/4c	1/4c	1/2c	California Blend	1/4c	1/4c	1/4	Broccoli	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2
Choices ² MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Cucumbers	1/4c	1/4c	c	Mashed Potatoes	1/4c	1/4c	1/2c	California Blend	1/4c	1/4c	1/4	Broccoli	1/4c	1/4c	1/2c	Corn	1/4c	1/4c	1/2
	Watermelon	1/4c	1/4c	c	Fruit Cocktail	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	c	Pears	1/4c	c	1/4c	Peaches	c	c	c
	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz
PM Snack	Food Item	1/4c	1/4c	c	Food Item	4ea	4ea	6ea	Goldfish	1/4c	1/4	1/2	Club Crackers	4ea	4ea	6ea	Cottage Cheese	1/8c	1/8c	1/4c
Choices ² MILK, FLUID MEAT/MEAT ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	Cheezits	1/4c	1/4c	c	Ritz Crackers	4ea	4ea	6ea	Goldfish	1/4c	1/4	1/2	Club Crackers	4ea	4ea	6ea	Cottage Cheese	1/8c	1/8c	1/4c
	Sub Ritz Crackers	4ea	4ea	6ea	1% Milk Sub: Almond, Oat or Lactaid	4ea	4ea	6ea	1% Milk Sub: Almond, Oat or Lactaid	4ea	4ea	6ea	1% Milk Sub: Almond, Oat or Lactaid	4ea	4ea	6ea	Pineapple	1/2c	1/2c	3/4c
	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid	4oz	6oz	8oz	Water	4oz	6oz	8oz

Menu Prepared by: Danielle Williams
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^{1,2,3} Allergy Substitutions are in Italic
 (CN) - Nut Allergen Labels
 (WG) - Whole Grain