

Week Of: October 7, 2024

Menu # 8	Monday				Tuesday				Wednesday				Thursday				Friday			
	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.	Food Item	1-2 yrs.	3-5 yrs.	6+ yrs.
Cheese MILK, FLUID MUFAT/MCAF ALTERNATE GRAIN/ BREAD MIXED FRUIT VEGETABLE	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate Milk	4oz	6oz	8oz	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz
	Special K Crisps	1ea	1ea	1ea	PopTarts	1ea	1ea	2ea	Doughnuts	2ea	2ea	4ea	Coco Puffs	1/4c	1/4c	1/4c	Apple Jacks	1/4c	1/4c	1/4c
MILK, FLUID JUICE, FRUIT, VEGETABLE GRAIN/ BREAD	Banana Mini Bread Loaf	1/2oz	1/2oz	1oz	Butter Toast Sub: Jelly Toast (WG)(CN)	1/2oz	1/2oz	1oz	Strawberry & Banana Yogurt (CN)	1ea	1ea	1ea	Life Cereal (WG)(CN)	1/2c	1/2c	1c	French Toast Sticks (WG)(CN)	2ea 1oz	3ea 2oz	3ea 2oz
	Mangos	1/4c	1/2c	1/2c	Mixed Fruit	1/4c	1/2c	1/2c	Banana	1/2p	1w	1w	Oranges	3ea	6ea	6ea	Apple Slices	2ea	4ea	4ea
MILK, FLUID MEAT/MEAT ALTERNATE 1st FRUIT/VEG 2nd FRUIT/VEG GRAIN/BREAD OTHER	Pizza Quesadilla (CN)(WG)	1/2ea 1oz	1ea 2oz	1ea 2oz	Sloppy Joes Ground Beef	2oz	2oz	3oz	Popcorn Chicken (WG)(CN)	5ea 1/2oz	5ea 1/2oz	10ea 1oz	Mexican Beef Macaroni (WG)(HM)	1/2c 1oz	3/4c 1oz	3/4c 1oz	Italian Diced Chicken	3oz	3oz	3oz
	Corn	1/4c	1/4c	1/2c	Green Beans	1/4c	1/4c	1/2c	Pears	1/4c	1/4c	1/2c	Salad & Dressing	1/4c	1/4c	1/2c	Scalloped Potatoes	1/4c	1/4c	1/2c
Cheese MILK, FLUID MUFAT/MCAF ALTERNATE GRAIN/ BREAD JUICE/FRUIT VEGETABLE	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
	Ritz Crackers	4ea	4ea	6ea	Biscuits	1/2p	1/2p	1w	Pasta Salad	1/4c	1/4c	1/2c	Pretzels	1/3c	1/3c	2/3c	Chef's Choice	1/4c	1/4c	1/4c

Menu Prepared by: Danielle Williams
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Almost all children aged 18 and under are eligible for free or reduced-price meals through the Child Nutrition Programs. Contact your local health department for more information.