

	Monday			Tuesday			Wednesday			Thursday			Friday			
	1-2 yrs.	3-5 yrs.	6+ yrs.	1-2 yrs.	3-5 yrs.	6+ yrs.	1-2 yrs.	3-5 yrs.	6+ yrs.	1-2 yrs.	3-5 yrs.	6+ yrs.	1-2 yrs.	3-5 yrs.	6+ yrs.	
Breakfast	Water	4oz	6oz	8oz	Water	4oz	6oz	8oz	Chocolate milk	4oz	6oz	8oz	Water	4oz	6oz	8oz
	Goldfish	1/4c	1/4c	1/4c	Ritz Crackers	4ea	4ea	6ea	Doughnuts	2ea	2ea	3ea	Chex mix	1/4c	1/4c	1/4c
Lunch	Toast with Grape Jelly (WG)	1ea 1oz	1ea 1oz	1ea 1oz	Assorted Cereal	1/2c	1/2c	1c	Strawberry Banana Yogurt (CN)	1ea	1ea	1ea	Corn Flakes	1/2c	1/2c	1ea
	Apple Slices	2ea	4ea	4ea	Peach Slices	1/4c	1/2c	1/2c	Banana	1/4c	1/2c	1/2c	Oranges	3ea 1/4c	6ea 1/2c	6ea 1/2c
PM Snack	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
	Chicken Nuggets	5ea	5ea	5ea	French Toast Bake (WG)(HM)	1ea	1ea	1ea	Pepperoni Pizza (CN)	1ea	1ea	1ea	Beef Tacos	1/8c	1/4c	3oz
Lunch	WG Breadings	1oz	1oz	1oz	WG Bread	1oz	1oz	1oz	(WG) Crust	2oz	2oz	2oz	WG Tortilla	1ea	1ea	1ea
	Cooked Carrots	1/4c	1/4c	1/2c	Hashbrown Patty	1/4c	1/4c	1/2c	Corn	1/4c	1/2c	1/2c	Lettuce & Salsa	1/4c	1/4c	1ea
Lunch	Applesauce	1/4c	1/4c	1/4c	Blueberries	1/4c	1/4c	1/4c	Applesauce	1/4c	1/4c	1/4c	Tropical Fruit	1/4c	1/4c	1ea
	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz
PM Snack	Animal Crackers	1/4c 11ea	1/4c 11ea	1/2c 22ea	Club crackers	4ea	4ea	7ea	Pretzels	1/3c 13ea	1/3c 13ea	2/3c 26ea	Gramham Crackers	1.5ea	2ea	2ea
	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz	1% Milk Sub: Almond, Oat or Lactaid Milk	4oz	6oz	8oz

Menu Prepared by: Danielle Williams



Key
Allergies Substitutions are in italics
ICN-Child Nutrition Labels
HM- HomeMade
WG- Whole Grain

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